



Lane Cove Public School

# P & C TRADER

VOLUME 8. DECEMBER 2020

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# Your child's feet are changing fast!

## Does your child suffer from ...

- Arch pain
- Knee pain
- Heel pain
- Shin pain
- Nocturnal leg pain
- Leg pain after sport
- Ingrown toenails

## Does your child ...

- Have flat feet
- Walk toe-in or toe-out
- Toe walk
- Have tight calf muscles
- Walk with a bouncy gait

## He or she may need support to adjust to these changes.

At The Foot Group we have decades of experience in successfully treating the complications that arise in the hectic environments of school and sports.

Whether your child is experiencing problems for the first time, or their existing orthotics need updating, we can conduct a comprehensive biomechanical assessment. We can also provide expert advice on the best school shoes for your child.

To discuss how our qualified podiatrists can help, make an appointment today.



LANE COVE (02) 9428 3000 BROOKVALE (02) 9938 2222  
 ONLINE [www.thefootgroup.com.au/make\\_an\\_appointment](http://www.thefootgroup.com.au/make_an_appointment)



LCPS COMMUNITY PARTNER SPONSORS



**EXPERIENCE  
THE DIFFERENCE  
CALL 9420 5050**  
1/1 Finlayson St Lane Cove

- ✓ On-site parking
- ✓ Open 6 full days including 2 late nights
- ✓ Single visit crowns
- ✓ Dental implants
- ✓ Cosmetic dentistry
- ✓ Invisalign® clear aligners
- ✓ Sleep dentistry
- ✓ Same day interest free payment plans  
for treatments up to \$5000
- ✓ Interest free payment plans for  
treatments up to \$20,000



**BOOK ONLINE [www.appledental.com.au](http://www.appledental.com.au)**



# Give your **growing child** a head start to a beautiful smile



- Thumb/finger sucking
- Late loss of baby teeth
- Jaw out of proportion to face
- Difficulty chewing
- Protruding or crooked teeth
- Under bite or over bite

If your child is 8-10yrs and shows any of these signs book with us now

lanecoveorthodontics.com.au  
ph 9247 8088

lane cove  
**orthodontics**

# Rebecca Mitchell

Senior Sales Agent | Raine & Horne



Having lived in Lane Cove for more than 30 years, successful sales agent Rebecca Mitchell is extremely passionate about the area she lives and works in. She knows the marketplace intimately and loves the Lane Cove community, the people and the lifestyle, making her a valuable addition to the Raine & Horne team.

Inherently hardworking and dedicated to what she does, Rebecca consistently goes above and beyond the call of duty to assist her clients in one of their most significant financial and emotional decisions.

She believes strongly in the Raine & Horne brand and what it has to offer both clients and agents, from outstanding technology and systems to the high degree of support from management. She is proud to be working for a market-leading company and a pioneer in real estate where she can thrive and provide her clients with the best possible service.

If you are interested in buying, selling or leasing residential Real Estate in Lane Cove, please call me on 0412 257 625 for a confidential chat.

## Here's what my client's say about me:

"When it came time to sell our home there was only one person who we trusted with it. Rebecca Mitchell's knowledge of the Lane Cove area, and selling properties made the process stress free. She is an agent who goes above and beyond every single day. We cannot recommend her more highly."

**Brooke & Geoff – Vendor of 4/115 Burns Bay Rd, Lane Cove**

**Rebecca Mitchell**  
Licensed Real Estate Agent

0412 257 625  
rebeccam@lanecove.rh.com.au

Follow Rebecca on social media to stay up to date.  
facebook.com/RebeccaRaineandHorne/

## Raine & Horne®

Shop 2, 85 Longueville Rd, Lane Cove NSW 2066

**Winner of Rate My Agents,  
Agent Of The Year Lane Cove 2019 Award**







# FENCING COURSE continues in **2021**

@ Lane Cove Public School  
**Every Friday from 3 to 5 pm!**

**Free trial lesson**  
**All equipment provided**

 **0444593881**

 **info@sydneyfencingclub.org**

**Sydney Fencing Club...**

**Learn, Thrive, Achieve!**

# 21 DAYS FREE



# VISION

Personal Training

Vision Training

For more information and submission forms, download the Trader Information booklet on the school website at:

<https://lanecove-p.schools.nsw.gov.au/supporting-our-students/parents--carers-and-the-community/p-c-trader.html> or email [trader@lanecovepublicpandc.org.au](mailto:trader@lanecovepublicpandc.org.au)

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